

Incremental Implementation of the ICU Liberation Bundle: A Delirium Reduction Initiative

by LCDR Cynthia Dehart MSN, APRN, ACCNS-AG, NC, USN



SCHOOL of NURSING

Introduction

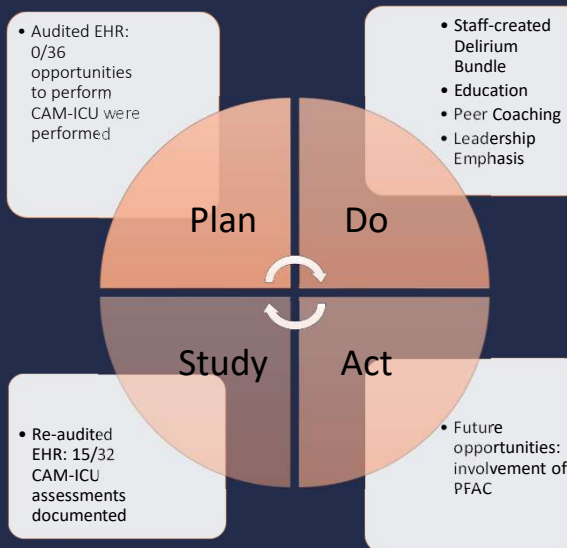
The Society of Critical Care Medicine (SCCM) emphasizes the importance of deploying the ICU Liberation bundle across Intensive Care Units (ICUs) due to its profound clinical outcomes. The ICU Liberation or ABCDEF bundle operationalizes the 2018 PADIS guidelines. While desirable, the full-scale implementation of the ABCDEF bundle was deemed impractical within the constraints of the current semester. Consequently, a focused approach was taken to enhance adherence to the Confusion Assessment Method for the ICU (CAM-ICU) assessment, which had been underutilized with no patients receiving the full assessment.



Methods

Problem Statement

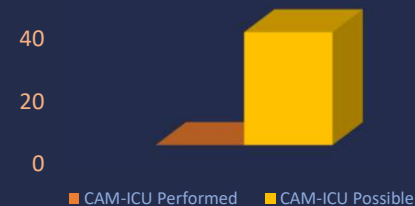
In nurses who care for ventilated, ICU patients, would education, staff creation of a nursing bundle and leadership emphasis, compared to current practice improve the compliance with the CAM-ICU assessment of delirium?



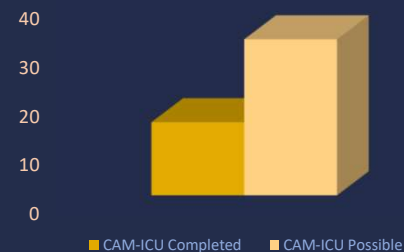
Acknowledgement: Erin Smith DNP, ACCNS-AG, RN, CCRN-CMC
References are available upon request.

Results

Delirium Assessments Pre-Intervention



Delirium Assessments Post-Intervention



Discussion/Conclusion

This project underscores the incremental nature of change in healthcare settings, emphasizing that even small initiatives can yield significant results. Delirium prevalence, a critical concern in ICUs, remains challenging to grasp as it is not routinely assessed. This project demonstrates that initiating change incrementally can pave the way for broader and more comprehensive improvements in critical care practices.