



2020 Annual Conference Schedule At-a-Glance

(Estimated CE Credits = 31)

Schedule Subject to Change

Tuesday, March 10, 2020

PHARMACOLOGY PRE-CON

- 8:00 am to 12:00 pm** **CNS Education Forum**
- 7:30 to 9:00 am** **Genomics; Milan Radovich**
- 9:15 to 10:45 am** **Anticoagulants; Meagan Grove**
- 11:00 am to 12:30 pm** **Medical Marijuana; Andrea Hohmann**

**The Pharmacology Pre-Conference requires separate registration.*

GENERAL CONFERENCE

- 1:30 to 2:30 pm** **Opening Ceremony; Tracy B. Chamblee**
Transforming Health Care: Our Past, Present, & Our Future!
- 2:45 to 4:45 pm** **SESSION A**
- A.1 CNS as Change Agent**
- Transforming Our Future: Leveraging the CNS Visual Value Proposition
 - Advances in CNS Practice: Making Strides in Alabama
 - Nancy Drew and Mysteries of the Clinical Nurse Specialist
 - Yes And! Using Improve to Foster Relationships and Build Teams
- A.2 Workshop: Professional Branding: Your Reputation Precedes You**
- A.3 Clinical Lecture: Integrative Medicine's Role in Pain Management**
- A.4 Symposium: An Overview of Supporting Infants and Families Experiencing Opioid Use**
- A.5 Catheters, Tubes & Devices**
- Short Peripheral Intravenous Catheter Resite By Clinical Indication; The Cost of Systemic Change
 - Changing the Future of Peripheral Intravenous Insertions Using Evidence Based Data

- Radiology and Infusion Therapy Clinical Nurse Specialist (CNS)
Collaboration: Achieving Catheter Management Best Practice Guidelines
- Implementation of MAGIC Guidelines into Everyday Practice of Central Lines

A.6 Assessment Skills

- Making the Connection: Stroke and Sleep-Disordered Breathing
- Implementing a Nurse-Based Swallow Screen: Nurse Compliance and Complication Rates
- Transforming Patient Care by Improving Blood Pressure Measurement Technique
- How Cool Are We? Targeted Temperature Management in a Community-Based Hospital

A.GS Workshop: Transforming Health Care: Leveraging Our Past Expertise to Mentor Our Present and Influence Our Future!

5:00 to 6:15 pm

SESSION B

B.1 Cardiovascular Care Topics

- Dynamic Alternating Micropressure Overlay in High-Risk Cardiovascular Surgical Patients on Pressure Injuries
- Autopulse-Cardiac Resuscitation in Sternal Surgery
- Collaborative Algorithm to Guide the Duration of Continuous Cardiac Monitoring within Medical-Surgical Units

B.2 Education

- Innovative Partnerships Meet the Challenges of Staff Education
- Get your Skills Stations On: Combatting the Forgetting Curve with Innovative Tactics
- Use of Intensive Training Course to Orient Nurses in a Low-Volume, High-Risk Specialized Care Unit

B.3 Mental Health Tools

- The Truth Behind the Clock Drawing Test: How Appearances Can be Deceiving
- Delirium: Early Recognition, Prevention, and Management in the Acute Care Setting
- Transforming Delirium Care Throughout a Healthcare System

B.4 Mobility & Falls

- On the Move: A Collaborative CNS/CNL Patient Mobility Project
- From Thirty to Six: One Unit's Quest to Reduce Inpatient Falls
- Early Mobility for VTE Prevention: A Nurse-Driven Protocol

B.5 New RN

- A Trifecta Approach to Developing and Mentoring the Future Professional Nurse
- Socialization of New Graduate RNs

- Supporting New Nurses and Reducing Turnover: Implementation of a Professional Development and Career Planning Program

B.6 Teamwork

- Driving Geriatric Best Practice: Building an Interdisciplinary Team
- Teamwork Wins: Introducing an Interprofessional Escape Room

B.GS Workshop: Conflict De-Escalation and Resolution

6:15 to 7:30 pm

Opening Exhibitor Reception & Poster Presentations

Wednesday, March 11, 2020

7:30 to 8:30 am

Breakfast with Exhibitors and Poster Presentations

7:30 to 8:30 am

Student Breakfast with The President

Sponsored by AACN & ANA

8:30 to 9:00 am

Awards

9:00 to 10:15 am

Keynote Address; Mary Fran Tracy

TITLE TBD

10:30 to 11:45 am

SESSION C

C.1 Impact of CNS

- The CNS Leads the Way to Success. A Nursing Research Committee with Limited Resources
- It's a BERT Alert! A Proactive Approach to Workplace Violence
- Vision 2021: An International Vice Dean of Graduate Studies and Scientific Research

C.2 Clinical Lecture: All About Sepsis Research: 2019-2020

C.3 Symposium: CNS Utilization at a Military Treatment Facility

- A Strategy for Advancing Best Practices
- Impact that Aligns with Organizational Priorities
- "Center for Nursing Science and Clinical Inquiry" System-Based Cell
- Effective Communication and Stakeholder Buy-in Within a Ranked System

C.4 Pulmonary Topics

- Diagnosis of Pulmonary Embolism in Adults: Adherence with Best Practice Advice
- Mobility and Functional Status among Hospitalized COPD Patients
- Respiratory Compromise-The CNS's Voice at the Table

C.5 Interprofessional Collaboration

- Bringing the Interprofessional Team Together Improves Outcomes and Reduces Costs for Patients Having Pancreatic Surgery
- Improving Interprofessional Collaboration One Visit at a Time

- Transforming Healthcare Through Interprofessional Collaboration: Exemplars of Success

C.6 Pressure Injury

- Evaluation of the Performance of a Pressure Injury Prediction Scale for Critically Ill Patients
- Transforming a Culture Through Collaboration, Engagement and Ownership to Reduce Hospital Acquired Pressure Injuries
- The Pursuit of HAPI-less Environments: Creating a Culture of Hospital-Acquired Pressure Injury Prevention

C.7 Reproductive Health Care

- Obstetric and Adult Hemorrhage Protocol Alignment to Promote Transfusion Stewardship
- Transforming Pain Management for Obstetric Patients: A Multimodal Approach for Cesarean Section
- Experiences of Transgender Men and Gynecological Healthcare: Results of a Qualitative Systematic Review

C.GS Workshop: Aromatherapy, Meditation, Pranayama, Mudra and Mantra: Mind-Body Therapies for Reducing Stress in Healthcare

11:45 to 1:30 pm

Exhibit Hall Luncheon

11:45 to 1:30 pm

New Member Luncheon *Reserved for first time attendees, new members and members of the NACNS membership committee.

11:45 to 1:30 pm

Affiliate Luncheon *Reserved for members of NACNS affiliates and NACNS affiliate committee members.

11:45 to 1:30 pm

Editorial Board Luncheon *By invitation only.

1:45 to 3:00 pm

SESSION D

D.1 (1:30 to 3:30 pm) Workshop: Better Brain? Dementia Prevention?: Keys to Reducing Risk of Cognitive Decline

D.2 Nurse Development

- Transition to Practice: A New Look at an Old Issue
- Development of Unit Based Resource Nurse Program
- DREAM TEAM: Developing a Research & Evidence-based Approach Model to Enhance And Motivate clinical practice

D.3 Clinical Lecture: Evolution of a CNS-Led Multidisciplinary Guideline for HFNC Use on a Pediatric Acute Care Unit

D.4 Symposium: It's a Journey not a Destination: Validation of CNS Impact on the Healthcare Landscape

D.5 Diabetes

- Evaluating Nurse Self-Confidence in Providing Diabetes Self-Management Education to Patients using AADE 7 Self-Care Behaviors
- Understanding Nurse-Sensitive Indicators

- Bio-Behavioral Factors Affecting Diabetes Self-Management in Patients living with Type 2 Diabetes

D.6 Precepting

- Peer-to-Peer Mentor Program Implementation in Rural Hemodialysis Unit
- Advanced Practice Provider Preceptor Education: Training the Future Workforce
- Orientation Pathway and Preceptor Guide

D.7 Infection Prevention

- Role of the CNS in Supporting Change to Reduce Hospital-Onset Clostridium Difficile Infection
- Reducing Central Line-Associated Bloodstream Infections by Increasing Nurses' Adherence to Bundles for Central Line Maintenance
- NVHAP: Improving Patient Care Outcomes One Clean Mouth at a Time

D.8 Structured Care

- Rapidly Transforming the Future of Healthcare Using Agile Implementation
- Incidence of Respiratory Depression and Derivation of a Novel Opioid-Induced Respiratory Depression Risk Prediction Tool

D.9 Utilizing Technology

- Professional Mentoring and Promotion of the Clinical Nurse Specialist Role Through Social Media
- Twitter as a Tool for Professional Development
- Leveraging Technology to Improve and Standardize Inpatient Oxygen Weaning Practices

D.GS Workshop: Financial Literacy in Nursing

3:00 to 3:30 pm

Break & Poster Session Judging

3:30 to 4:45 pm

SESSION E

E.1 Workshop: Infusion Nurses Society Infusion Therapy Standards of Practice: Review of Current Evidence-Based Practice

E.2 Clinical Lecture: Class 1A Interventions: A Prescription for Successful Management of the Patient with Acute Coronary Syndrome

E.3 Transforming Care

- Transforming Blood Utilization Practices
- Transforming Healthcare at the Bedside: Journal Clubs for Evidence-Based Practice
- Leaders of Our Future: Preparing Staff Nurses to Transform Healthcare

E.4 CAUTI

- CAUTI Prevention: Winning the War

- CAUTI Reduction: An Interprofessional Project
- The Triad Model – A New Approach to Solving CAUTI
- The CHAMP Protocol: A Comprehensive CAUTI Reduction Process

E.5 Skin, Wound, & Ostomy Topics

- Standardizing Education to Improve Outcomes for Patients with a New Ostomy
- SSKIN (Skin Assessment, Surface, Keep Moving, Incontinence, Nutrition) Care Bundle
- Improving Communication of Skin Integrity Risk Factors: A Quality Improvement Project
- Increasing Knowledge and Confidence of New Nurses in Pressure Injury/Wound Identification in Hospitalized Patients

E.6 Stroke and Neuro

- Increasing Outpatient Stroke Management and Improving Patients Outcomes Utilizing APRN Providers
- Transforming Lives: Optimizing Stroke Care of the Future
- Hello LVO- Identifying Patients at Risk for Large Vessel Occlusion Strokes in the Emergency Department

E.7 Stress Reduction

- Extinguish Burnout: Practical Guidance for Prevention and Recovery
- Putting the “B” Back in Work-Life Balance
- Nursing Burnout with Substance Using Inpatients: A New Hope

E.8 Medications

- Implementing Changes to SQ Insulin Dispensing/Administration: Sticking to Safe Practice and Minding the Big Bucks
- The Use of Inhaled Essential Oils to Decrease Pain, Anxiety, and Nausea
- The State of the Literature: Effects of Probiotics Gut Health and Type 2 Diabetes Management
- Reducing Chemotherapy Release Time on an Inpatient Oncology Unit

E.9 Pediatrics

- Getting to the Next Stage in Congenital Cardiac Care: A Formal Transition for Adolescents
- Where Do We Go From Here: Caring For the Child with Medical Complexity
- Q.R.S.Pr.I.C.U? Reenergizing PICU Nursing EKG Practices

E.GS Symposium: Becoming a Journal Manuscript Reviewer

5:00 to 6:00 pm

Research Committee Forum; Kathy Zavotsky
Creating and Implementing Science in the CNS Role

6:45 to 9:00 pm

CNSI Fellows Induction Ceremony

5:30 to 7:30 pm

Conference Kick-Off; Harry & Izzy's

Thursday, March 12, 2020

7:00 to 9:00 am	Satellite Symposium; Cardinal Health
8:00 to 9:00 am	Breakfast with Exhibitors & Poster Presentations
9:15 to 10:15 am	Resurgence of the CNS; Sean M. Reed <ul style="list-style-type: none">• Incoming 2020-2021 President's Address• Awards – Educator of the Year
10:15 to 11:00 am	Break
11:00 to 12:15 pm	<u>SESSION F</u>
F.1	Other <ul style="list-style-type: none">• New Medical Devices: A Collaborative Strategy for Nursing, Supply Chain and Clinical Engineering• How do I teach that?: An intervention for Nurses to Increase Confidence with Patient Education• Accepting "NO". A Case Review of a New Product Request.
F.2	Clinical Lecture: Case Studies in Geriatric Trauma
F.3	Symposium: Supporting the CNS from Novice to Expert
F.4	Heart Failure <ul style="list-style-type: none">• Palliative Medicine and Heart Failure: Evaluating the Past and Present, Deciding the Future.• It Takes a Team (and a CNS) to Transform Heart Failure Care• Advanced Therapies in Heart Failure Management
F.5	Process Improvement <ul style="list-style-type: none">• Transforming Readmission Prevention Through CNS Led Collaboration• A Journey Behind 'The Falls'-Development and Sustainment of a Mini Fall Risk Prevention Program• Discharge Improvement Project with Expediter RN and Use of Teletracking™
F.6	Sepsis <ul style="list-style-type: none">• On-line Education Does It Work, to Increase Caregiver Awareness on Sepsis & Improve Patient Outcomes?• Implementing Best Practice & Tech Applications for Sepsis QI• A Journey through Sepsis Predictive Analytics Model Implementation: Assessing Best Practice, Outcomes, & Team Dynamics
F.7	Affiliate Development <ul style="list-style-type: none">• Personal Branding: How to Strengthen Your Local Affiliate• A Model to Guide Novice Board Members in Leading an Established Affiliate• All Aboard: Leadership Development Through Board Service
F.8	Wellness <ul style="list-style-type: none">• The Wellness Bundle: Back to Basics in Patient Centered Care

- Creating a Mind-Body Workshop to Reduce Stress Levels in the Perioperative Setting
- Don't Get Sucked In: Maintaining Healthy Professional Boundaries

F.9 Periop

- Leveraging a Cross System Interprofessional Team to Improve Surgical Care
- The Implementation of an Enhanced Recovery After Surgery (ERAS) Program: Successes and Challenges
- Prevention of Accidental Hypothermia in Trauma Patients

2:00 to 3:15 pm

SESSION G

G.1 Workshop: Writing for Publication

G.2 Best Practices

- Acuity Adaptable Model of Care Improves Failure to Rescue
- Patient Experience of Managing a Surgical Wound Infection After Elective Surgery
- The CNS Role in State Dementia Coalitions: Making an Impact Across Communities

G.3 Clinical Lecture: Managing Immunotherapy-Related Side Effects in the ICU Setting

G.4 Symposium: Virtual Mentoring: Bridging the Gap

G.5 Catheters, Tubes, & Devices

- A Comparative Evaluation of Chest Tube Insertion Site Dressings: A Randomized Controlled Trial
- Reducing Patient Harm: Evidence Based Practice Change Feeding Tubes
- Transforming Health Care: Moving toward Foley Free Care

G.6 Pulmonary Topics

- Pronation Therapy: How an Order Set and “Grab and Go Bag” Transforms the Process
- Better to be Safe than Sorry: Implementation of Capnography on a Medical Surgical Unit
- Aspiration Prevention: Hardwiring Practice Change with Visual Management

G.7 Case Study

- Implementation of a Quarterly Case study to Evaluate and Sustain Practice Change at the Bedside
- Transforming the Case Study: The Future of Interactive Learning
- Multiple Sclerosis Exacerbation vs. Pseudoexacerbation: A Case Study

G.8 Stress Reduction

- Put Your Mask on First: Suicide Prevention as a Nursing Workplace Health and Safety Issue
- Caring for the Care Giver: Strategies to Reduce Moral Distress

- The Impact of Moral Injury/Moral Distress Upon Your Clinical Nurse Specialist Practice

G.9 Technology

- Fostering Organizational Efficiency and Innovation Through Mobile Video Monitoring
- Developing Clinical Reasoning with Interactive E-learning Case Studies
- CNS Role in EHR Implementation and Integration - BITS and BYTES of our System Role

G.GS Workshop: Transforming Healthcare at the Bedside: Honing CNS Skills in Critical Appraisal and Statistical Interpretation

3:15 to 3:45 pm

Break

3:45 to 5:00 pm

SESSION H

H.1 (3:30 to 5:30 pm) Workshop: Podium Power: Strategically Using Your Voice to Impact Change

H.2 (3:30 to 5:30 pm) Workshop: Using a Daily Management System to Engage Staff and Transform Care in Real Time

H.3 Clinical Lecture: Using Nurse Driven Daily Reporting to Increase Inpatient Influenza Screening Compliance

H.4 Symposium: Alcohol Withdrawal Assessment

- Multisite Psychometric Testing of the Alcohol Withdrawal Assessment Tool (AWAT): Phase II
- Alcohol Withdrawal Assessment Tool (AWAT): The Phase I Pilot Journey
- Alcohol Withdrawal Assessment: All Instruments are Not Created Equal

H.5 CLABSI

- CNS Led ICU Teams Use CUSP Model to Improve CLABSI and CAUTI Outcomes
- CLABSI Prevention: CHG, Beyond the Bath!
- Cutting CLABSI Rates by Half: The Impact of a CNS on Pediatric Harm Reduction

H.6 Mentoring

- The Power of Peers: Using Peer Mentors to Impact Readmission Rates in Transplant
- CNS Mentorship Program Development

H.7 Clinical Tools

- Beyond the ICU: Utilizing IMPACT ICU Strategies for Multiple Settings and Disciplines
- Patient Preferences About Serious Illness Instrument (PASI): An Innovation in Eliciting Seriously Ill Patients' Preferences
- Tailoring Interventions for Patient Safety (TIPS): A Replication Study to Prevent Falls

H.8 Population Specific

- Not So Happy "Happy" Hour: CNS Led Implementation of an Alcohol Withdrawal Treatment Order Set
- Leading organizational change: Implementing a Stroke Pathway in a comprehensive cancer center
- Osteoporosis Basics: Impact, Management, & Fracture Prevention

H.9 Other Clinical Issues

- Alarm Management - It Is About More Than Just Technology
- Palliative and EOLC Knowledge, Attitude, Practices, Perceived Barriers and Support Among Nurses at New Delhi, India
- Visual Management System: Key to Outstanding Nurse Sensitive Indicators

5:15 to 6:15 pm

NACNS Business Meeting

Members are encouraged to attend!

Friday, March 13, 2020

7:45 to 9:00 am

Affiliate Breakfast *Attendees must RSVP

8:00 to 9:00 am

Continental Breakfast

9:15 to 10:30 am

SESSION J

J.1 Workshop: Opening Pandora's Box: Exploring the Emotional Labor of Clinical Nurse Specialists

J.2 Clinical Lecture: Direct Oral Anticoagulants in the Hospitalized Patient

J.3 Symposium: Role Transformation: Developing an Infrastructure to Support Clinical Nurse Specialist Operations, Onboarding, & Orientation.

- Allow Us to Introduce Ourselves: The Rebuilding of the CNS in a Large Health System
- All Aboard: Laying the Tracks for Streamlining the CNS Onboarding Process
- Brick by Brick: Building a Foundation for CNS Orientation

J.4 CNS Role

- The Extinction of Psyche CNSs - Where Do We Go from Here?
- Using Microsoft® Excel to Excel as a CNS: Using Data to Motivate and Sustain Change

J.5 Mobility & Falls

- Content Validity Indexing for an Emergency Department Specific Falls Risk Assessment
- Improving Patient Safety by Reducing Falls and Falls with Injuries Using Lean Six Sigma Methodology
- Fall Prevention Clinical Decision Tool on an Adult, Medical-Surgical Unit

J.6 New CNS

- Relationship-based Onboarding and Mentoring program for the Clinical Nurse Specialist
- Making the Leap: A Transition to Practice Program for Novice Clinical Nurse Specialists
- Innovation in CNS Education: Leveling the APRN Playing Field

J.7 Rounding

- The Impact of an Innovative Quality Rounds Program to Decrease Hospital Acquired Conditions
- Operational Excellence Program - A multidisciplinary approach to increase attendance at the Weekend Discharge Huddle.
- Thinking in Action Bedside Rounds: CNS Leadership and Mentoring

J.8 Evaluation

- Sharing the Impact of a CNS Model Through Program Evaluation
- The Impact of the Student Liaison Board Member Role on Students and the Professional Organization
- Bridging the Gap: Academics to Practice

J.9 Trauma/ER

- Collaborative Education to Reduce Hemolysis in the Emergency Department
- Guidelines for the Management of Severe TBI

10:45 to 12:00 pm

Awards – *Student Posters* & *Affiliate of the Year*

Keynote Address; Katherine Brown-Saltzman

Transforming Through the Strength of Our Stories