2020 Annual Conference Schedule At-a-Glance

(Estimated CE Credits = 31)

*Schedule Subject to Change*

Tuesday, March 10, 2020

PHARMACOLOGY PRE-CON
8:00 am to 12:00 pm  CNS Education Forum

7:30 to 9:00 am  Genomics; Milan Radovich

9:15 to 10:45 am  Anticoagulants; Meagan Grove

11:00 am to 12:30 pm  Medical Marijuana; Andrea Hohmann

*The Pharmacology Pre-Conference requires separate registration.*

GENERAL CONFERENCE
1:30 to 2:30 pm  Opening Ceremony; Tracy B. Chamblee

Transforming Health Care: Our Past, Present, & Our Future!

2:45 to 4:45 pm  SESSION A

A.1  CNS as Change Agent
  • Transforming Our Future: Leveraging the CNS Visual Value Proposition
  • Advances in CNS Practice: Making Strides in Alabama
  • Nancy Drew and Mysteries of the Clinical Nurse Specialist
  • Yes And! Using Improve to Foster Relationships and Build Teams

A.2  Workshop: Professional Branding: Your Reputation Precedes You

A.3  Clinical Lecture: Integrative Medicine’s Role in Pain Management

A.4  Symposium: An Overview of Supporting Infants and Families Experiencing Opioid Use

A.5  Catheters, Tubes & Devices
  • Short Peripheral Intravenous Catheter Resite By Clinical Indication; The Cost of Systemic Change
  • Changing the Future of Peripheral Intravenous Insertions Using Evidence Based Data
• Radiology and Infusion Therapy Clinical Nurse Specialist (CNS) Collaboration: Achieving Catheter Management Best Practice Guidelines
• Implementation of MAGIC Guidelines into Everyday Practice of Central Lines

A.6 **Assessment Skills**
• Making the Connection: Stroke and Sleep-Disordered Breathing
• Implementing a Nurse-Based Swallow Screen: Nurse Compliance and Complication Rates
• Transforming Patient Care by Improving Blood Pressure Measurement Technique
• How Cool Are We? Targeted Temperature Management in a Community-Based Hospital

A.GS **Workshop**: Transforming Health Care: Leveraging Our Past Expertise to Mentor Our Present and Influence Our Future!

5:00 to 6:15 pm

**SESSION B**

B.1 **Cardiovascular Care Topics**
• Dynamic Alternating Micropressure Overlay in High-Risk Cardiovascular Surgical Patients on Pressure Injuries
• Autopulse-Cardiac Resuscitation in Sternal Surgery
• Collaborative Algorithm to Guide the Duration of Continuous Cardiac Monitoring within Medical-Surgical Units

B.2 **Education**
• Innovative Partnerships Meet the Challenges of Staff Education
• Get your Skills Stations On: Combatting the Forgetting Curve with Innovative Tactics
• Use of Intensive Training Course to Orient Nurses in a Low-Volume, High-Risk Specialized Care Unit

B.3 **Mental Health Tools**
• The Truth Behind the Clock Drawing Test: How Appearances Can be Deceiving
• Delirium: Early Recognition, Prevention, and Management in the Acute Care Setting
• Transforming Delirium Care Throughout a Healthcare System

B.4 **Mobility & Falls**
• On the Move: A Collaborative CNS/CNL Patient Mobility Project
• From Thirty to Six: One Unit's Quest to Reduce Inpatient Falls
• Early Mobility for VTE Prevention: A Nurse-Driven Protocol

B.5 **New RN**
• A Trifecta Approach to Developing and Mentoring the Future Professional Nurse
• Socialization of New Graduate RNs
• Supporting New Nurses and Reducing Turnover: Implementation of a Professional Development and Career Planning Program

B.6 **Teamwork**
- Driving Geriatric Best Practice: Building an Interdisciplinary Team
- Teamwork Wins: Introducing an Interprofessional Escape Room

**B.GS Workshop:** Conflict De-Escalation and Resolution

6:15 to 7:30 pm Opening Exhibitor Reception & Poster Presentations

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**Wednesday, March 11, 2020**

7:30 to 8:30 am Breakfast with Exhibitors and Poster Presentations

7:30 to 8:30 am Student Breakfast with The President

Sponsored by AACN & ANA

8:30 to 9:00 am **Awards**

9:00 to 10:15 am **Keynote Address:** Mary Fran Tracy

TITLE TBD

10:30 to 11:45 am **SESSION C**

C.1 **Impact of CNS**
- The CNS Leads the Way to Success. A Nursing Research Committee with Limited Resources
- It's a BERT Alert! A Proactive Approach to Workplace Violence
- Vision 2021: An International Vice Dean of Graduate Studies and Scientific Research

C.2 **Clinical Lecture:** All About Sepsis Research: 2019-2020

C.3 **Symposium: CNS Utilization at a Military Treatment Facility**
- A Strategy for Advancing Best Practices
- Impact that Aligns with Organizational Priorities
- "Center for Nursing Science and Clinical Inquiry" System-Based Cell
- Effective Communication and Stakeholder Buy-in Within a Ranked System

C.4 **Pulmonary Topics**
- Diagnosis of Pulmonary Embolism in Adults: Adherence with Best Practice Advice
- Mobility and Functional Status among Hospitalized COPD Patients
- Respiratory Compromise-The CNS’s Voice at the Table

C.5 **Interprofessional Collaboration**
- Bringing the Interprofessional Team Together Improves Outcomes and Reduces Costs for Patients Having Pancreatic Surgery
- Improving Interprofessional Collaboration One Visit at a Time
• Transforming Healthcare Through Interprofessional Collaboration: Exemplars of Success

C.6 Pressure Injury
• Evaluation of the Performance of a Pressure Injury Prediction Scale for Critically Ill Patients
• Transforming a Culture Through Collaboration, Engagement and Ownership to Reduce Hospital Acquired Pressure Injuries
• The Pursuit of HAPI-less Environments: Creating a Culture of Hospital-Acquired Pressure Injury Prevention

C.7 Reproductive Health Care
• Obstetric and Adult Hemorrhage Protocol Alignment to Promote Transfusion Stewardship
• Transforming Pain Management for Obstetric Patients: A Multimodal Approach for Cesarean Section
• Experiences of Transgender Men and Gynecological Healthcare: Results of a Qualitative Systematic Review

C.GS Workshop: Aromatherapy, Meditation, Pranayama, Mudra and Mantra: Mind-Body Therapies for Reducing Stress in Healthcare

11:45 to 1:30 pm Exhibit Hall Luncheon

11:45 to 1:30 pm New Member Luncheon *Reserved for first time attendees, new members and members of the NACNS membership committee.

11:45 to 1:30 pm Affiliate Luncheon *Reserved for members of NACNS affiliates and NACNS affiliate committee members.

11:45 to 1:30 pm Editorial Board Luncheon *By invitation only.

1:45 to 3:00 pm SESSION D

D.1 (1:30 to 3:30 pm) Workshop: Better Brain? Dementia Prevention?: Keys to Reducing Risk of Cognitive Decline

D.2 Nurse Development
• Transition to Practice: A New Look at an Old Issue
• Development of Unit Based Resource Nurse Program
• DREAM TEAM: Developing a Research & Evidence-based Approach Model to Enhance And Motivate clinical practice

D.3 Clinical Lecture: Evolution of a CNS-Led Multidisciplinary Guideline for HFNC Use on a Pediatric Acute Care Unit

D.4 Symposium: It's a Journey not a Destination: Validation of CNS Impact on the Healthcare Landscape

D.5 Diabetes
• Evaluating Nurse Self-Confidence in Providing Diabetes Self-Management Education to Patients using AADE 7 Self-Care Behaviors
• Understanding Nurse-Sensitive Indicators
• Bio-Behavioral Factors Affecting Diabetes Self-Management in Patients living with Type 2 Diabetes

D.6 Precepting
• Peer-to-Peer Mentor Program Implementation in Rural Hemodialysis Unit
• Advanced Practice Provider Preceptor Education: Training the Future Workforce
• Orientation Pathway and Preceptor Guide

D.7 Infection Prevention
• Role of the CNS in Supporting Change to Reduce Hospital-Onset Clostridium Difficile Infection
• Reducing Central Line-Associated Bloodstream Infections by Increasing Nurses’ Adherence to Bundles for Central Line Maintenance
• NVHAP: Improving Patient Care Outcomes One Clean Mouth at a Time

D.8 Structured Care
• Rapidly Transforming the Future of Healthcare Using Agile Implementation
• Incidence of Respiratory Depression and Derivation of a Novel Opioid-Induced Respiratory Depression Risk Prediction Tool

D.9 Utilizing Technology
• Professional Mentoring and Promotion of the Clinical Nurse Specialist Role Through Social Media
• Twitter as a Tool for Professional Development
• Leveraging Technology to Improve and Standardize Inpatient Oxygen Weaning Practices

D.GS Workshop: Financial Literacy in Nursing

3:00 to 3:30 pm Break & Poster Session Judging
3:30 to 4:45 pm SESSION E

E.1 Workshop: Infusion Nurses Society Infusion Therapy Standards of Practice: Review of Current Evidence-Based Practice

E.2 Clinical Lecture: Class 1A Interventions: A Prescription for Successful Management of the Patient with Acute Coronary Syndrome

E.3 Transforming Care
• Transforming Blood Utilization Practices
• Transforming Healthcare at the Bedside: Journal Clubs for Evidence-Based Practice
• Leaders of Our Future: Preparing Staff Nurses to Transform Healthcare

E.4 CAUTI
• CAUTI Prevention: Winning the War
- CAUTI Reduction: An Interprofessional Project
- The Triad Model – A New Approach to Solving CAUTI
- The CHAMP Protocol: A Comprehensive CAUTI Reduction Process

E.5 Skin, Wound, & Ostomy Topics
- Standardizing Education to Improve Outcomes for Patients with a New Ostomy
- SSKIN (Skin Assessment, Surface, Keep Moving, Incontinence, Nutrition) Care Bundle
- Improving Communication of Skin Integrity Risk Factors: A Quality Improvement Project
- Increasing Knowledge and Confidence of New Nurses in Pressure Injury/Wound Identification in Hospitalized Patients

E.6 Stroke and Neuro
- Increasing Outpatient Stroke Management and Improving Patients Outcomes Utilizing APRN Providers
- Transforming Lives: Optimizing Stroke Care of the Future
- Hello LVO- Identifying Patients at Risk for Large Vessel Occlusion Strokes in the Emergency Department

E.7 Stress Reduction
- Extinguish Burnout: Practical Guidance for Prevention and Recovery
- Putting the “B” Back in Work-Life Balance
- Nursing Burnout with Substance Using Inpatients: A New Hope

E.8 Medications
- Implementing Changes to SQ Insulin Dispensing/Administration: Sticking to Safe Practice and Minding the Big Bucks
- The Use of Inhaled Essential Oils to Decrease Pain, Anxiety, and Nausea
- The State of the Literature: Effects of Probiotics Gut Health and Type 2 Diabetes Management
- Reducing Chemotherapy Release Time on an Inpatient Oncology Unit

E.9 Pediatrics
- Getting to the Next Stage in Congenital Cardiac Care: A Formal Transition for Adolescents
- Where Do We Go From Here: Caring For the Child with Medical Complexity
- Q.R.S.Pr.I.C.U? Reenergizing PICU Nursing EKG Practices

E.GS Symposium: Becoming a Journal Manuscript Reviewer

5:00 to 6:00 pm  Research Committee Forum; Kathy Zavotsky
Creating and Implementing Science in the CNS Role

6:45 to 9:00 pm  CNSI Fellows Induction Ceremony

5:30 to 7:30 pm  Conference Kick-Off; Harry & Izzy’s
Thursday, March 12, 2020

7:00 to 9:00 am  Satellite Symposium; Cardinal Health
8:00 to 9:00 am  Breakfast with Exhibitors & Poster Presentations
9:15 to 10:15 am  Resurgence of the CNS; Sean M. Reed
                   •  Incoming 2020-2021 President’s Address
                   •  Awards – Educator of the Year
10:15 to 11:00 am Break
11:00 to 12:15 pm SESSION F

F.1 Other
   •  New Medical Devices: A Collaborative Strategy for Nursing, Supply
     Chain and Clinical Engineering
   •  How do I teach that?: An intervention for Nurses to Increase
     Confidence with Patient Education
   •  Accepting "NO". A Case Review of a New Product Request.

F.2 Clinical Lecture: Case Studies in Geriatric Trauma

F.3 Symposium: Supporting the CNS from Novice to Expert

F.4 Heart Failure
   •  Palliative Medicine and Heart Failure: Evaluating the Past and
     Present, Deciding the Future.
   •  It Takes a Team (and a CNS) to Transform Heart Failure Care
   •  Advanced Therapies in Heart Failure Management

F.5 Process Improvement
   •  Transforming Readmission Prevention Through CNS Led Collaboration
   •  A Journey Behind ‘The Falls’-Development and Sustainment of a Mini
     Fall Risk Prevention Program
   •  Discharge Improvement Project with Expediter RN and Use of
     Teletracking™

F.6 Sepsis
   •  On-line Education Does It Work, to Increase Caregiver Awareness on
     Sepsis & Improve Patient Outcomes?
   •  Implementing Best Practice & Tech Applications for Sepsis QI
   •  A Journey through Sepsis Predictive Analytics Model Implementation:
     Assessing Best Practice, Outcomes, & Team Dynamics

F.7 Affiliate Development
   •  Personal Branding: How to Strengthen Your Local Affiliate
   •  A Model to Guide Novice Board Members in Leading an Established
     Affiliate
   •  All Aboard: Leadership Development Through Board Service

F.8 Wellness
   •  The Wellness Bundle: Back to Basics in Patient Centered Care
• Creating a Mind-Body Workshop to Reduce Stress Levels in the Perioperative Setting
• Don't Get Sucked In: Maintaining Healthy Professional Boundaries

F.9 Periop
• Leveraging a Cross System Interprofessional Team to Improve Surgical Care
• The Implementation of an Enhanced Recovery After Surgery (ERAS) Program: Successes and Challenges
• Prevention of Accidental Hypothermia in Trauma Patients

2:00 to 3:15 pm

SESSION G

G.1 Workshop: Writing for Publication

G.2 Best Practices
• Acuity Adaptable Model of Care Improves Failure to Rescue
• Patient Experience of Managing a Surgical Wound Infection After Elective Surgery
• The CNS Role in State Dementia Coalitions: Making an Impact Across Communities

G.3 Clinical Lecture: Managing Immunotherapy-Related Side Effects in the ICU Setting

G.4 Symposium: Virtual Mentoring: Bridging the Gap

G.5 Catheters, Tubes, & Devices
• A Comparative Evaluation of Chest Tube Insertion Site Dressings: A Randomized Controlled Trial
• Reducing Patient Harm: Evidence Based Practice Change Feeding Tubes
• Transforming Health Care: Moving toward Foley Free Care

G.6 Pulmonary Topics
• Pronation Therapy: How an Order Set and “Grab and Go Bag” Transforms the Process
• Better to be Safe than Sorry: Implementation of Capnography on a Medical Surgical Unit
• Aspiration Prevention: Hardwiring Practice Change with Visual Management

G.7 Case Study
• Implementation of a Quarterly Case study to Evaluate and Sustain Practice Change at the Bedside
• Transforming the Case Study: The Future of Interactive Learning
• Multiple Sclerosis Exacerbation vs. Pseudoexacerbation: A Case Study

G.8 Stress Reduction
• Put Your Mask on First: Suicide Prevention as a Nursing Workplace Health and Safety Issue
• Caring for the Care Giver: Strategies to Reduce Moral Distress
• The Impact of Moral Injury/Moral Distress Upon Your Clinical Nurse Specialist Practice

G.9 Technology
• Fostering Organizational Efficiency and Innovation Through Mobile Video Monitoring
• Developing Clinical Reasoning with Interactive E-learning Case Studies
• CNS Role in EHR Implementation and Integration - BITS and BYTES of our System Role

G.GS Workshop: Transforming Healthcare at the Bedside: Honing CNS Skills in Critical Appraisal and Statistical Interpretation

3:15 to 3:45 pm
Break

3:45 to 5:00 pm
SESSION H

H.1 (3:30 to 5:30 pm) Workshop: Podium Power: Strategically Using Your Voice to Impact Change

H.2 (3:30 to 5:30 pm) Workshop: Using a Daily Management System to Engage Staff and Transform Care in Real Time

H.3 Clinical Lecture: Using Nurse Driven Daily Reporting to Increase Inpatient Influenza Screening Compliance

H.4 Symposium: Alcohol Withdrawal Assessment
• Multisite Psychometric Testing of the Alcohol Withdrawal Assessment Tool (AWAT): Phase II
• Alcohol Withdrawal Assessment Tool (AWAT): The Phase I Pilot Journey
• Alcohol Withdrawal Assessment: All Instruments are Not Created Equal

H.5 CLABSI
• CNS Led ICU Teams Use CUSP Model to Improve CLABSI and CAUTI Outcomes
• CLABSI Prevention: CHG, Beyond the Bath!
• Cutting CLABSI Rates by Half: The Impact of a CNS on Pediatric Harm Reduction

H.6 Mentoring
• The Power of Peers: Using Peer Mentors to Impact Readmission Rates in Transplant
• CNS Mentorship Program Development

H.7 Clinical Tools
• Beyond the ICU: Utilizing IMPACT ICU Strategies for Multiple Settings and Disciplines
• Patient Preferences About Serious Illness Instrument (PASI): An Innovation in Eliciting Seriously Ill Patients’ Preferences
• Tailoring Interventions for Patient Safety (TIPS): A Replication Study to Prevent Falls
H.8 Population Specific
- Not So Happy "Happy" Hour: CNS Led Implementation of an Alcohol Withdrawal Treatment Order Set
- Leading organizational change: Implementing a Stroke Pathway in a comprehensive cancer center
- Osteoporosis Basics: Impact, Management, & Fracture Prevention

H.9 Other Clinical Issues
- Alarm Management - It Is About More Than Just Technology
- Palliative and EOLC Knowledge, Attitude, Practices, Perceived Barriers and Support Among Nurses at New Delhi, India
- Visual Management System: Key to Outstanding Nurse Sensitive Indicators

5:15 to 6:15 pm NACNS Business Meeting
Members are encouraged to attend!

Friday, March 13, 2020

7:45 to 9:00 am Affiliate Breakfast *Attendees must RSVP
8:00 to 9:00 am Continental Breakfast

9:15 to 10:30 am SESSION J

J.1 Workshop: Opening Pandora’s Box: Exploring the Emotional Labor of Clinical Nurse Specialists

J.2 Clinical Lecture: Direct Oral Anticoagulants in the Hospitalized Patient

J.3 Symposium: Role Transformation: Developing an Infrastructure to Support Clinical Nurse Specialist Operations, Onboarding, & Orientation.
- Allow Us to Introduce Ourselves: The Rebuilding of the CNS in a Large Health System
- All Aboard: Laying the Tracks for Streamlining the CNS Onboarding Process
- Brick by Brick: Building a Foundation for CNS Orientation

J.4 CNS Role
- The Extinction of Psyche CNSs - Where Do We Go from Here?
- Using Microsoft® Excel to Excel as a CNS: Using Data to Motivate and Sustain Change

J.5 Mobility & Falls
- Content Validity Indexing for an Emergency Department Specific Falls Risk Assessment
- Improving Patient Safety by Reducing Falls and Falls with Injuries Using Lean Six Sigma Methodology
- Fall Prevention Clinical Decision Tool on an Adult, Medical-Surgical Unit

J.6 New CNS
• Relationship-based Onboarding and Mentoring program for the Clinical Nurse Specialist
• Making the Leap: A Transition to Practice Program for Novice Clinical Nurse Specialists
• Innovation in CNS Education: Leveling the APRN Playing Field

J.7 Rounding
• The Impact of an Innovative Quality Rounds Program to Decrease Hospital Acquired Conditions
• Operational Excellence Program - A multidisciplinary approach to increase attendance at the Weekend Discharge Huddle.
• Thinking in Action Bedside Rounds: CNS Leadership and Mentoring

J.8 Evaluation
• Sharing the Impact of a CNS Model Through Program Evaluation
• The Impact of the Student Liaison Board Member Role on Students and the Professional Organization
• Bridging the Gap: Academics to Practice

J.9 Trauma/ER
• Collaborative Education to Reduce Hemolysis in the Emergency Department
• Guidelines for the Management of Severe TBI

10:45 to 12:00 pm

Awards – Student Posters & Affiliate of the Year

Keynote Address; Katherine Brown-Saltzman
Transforming Through the Strength of Our Stories