



### **Pharmacology Pre-Conference**

*\*Requires separate registration [here](#).*

#### **7:30 - 9:00 AM - Pre-Conference 1**

Alcohol Withdrawal: Pharmacologic Management

#### **9:15 – 10:45 AM - Pre-Conference 2**

Delirium and Pharmacology: What to Know to Improve Care

#### **11:00 – 12:30 PM - Pre-Conference 3**

A Model of Expert CNS Practice in Management of Sepsis

## **Wednesday, March 6<sup>th</sup>**

### **General Conference** (Estimated Conference CE Credits = 16)

**1:30 – 2:30 PM**

#### **Opening General Session**

President's Address

Awards (*Researcher Award, Preceptor of the Year, CNS of the Year*)

**2:45 – 4:45 PM**

#### **SESSION A**

- A.1 Workshop:** Suturing Skills for the CNS \* *\$50.00 Lab Fee Apply.*
- A.2 Workshop:** CNS Systems Leadership: Root Cause Analysis and Action to Prevent Patient Harm
- A.3 Symposium:** An integrated program for achieving first-time author status for CNS students
- A.4 Validation & Understanding**
  - Validating the Value of the Clinical Nurse Specialist in Organizational Change
  - Assessing Nurse Leaders Knowledge and Use of the Clinical Nurse Specialist Role
  - The Clinical Nurse Specialist: Findings Within The National Provider Identifier Registry
- A.5 IV Related**
  - Standardizing PIV Insertion, Maintenance, Infiltration and Extravasation Management Across a Children's Hospital
  - Overcoming a Healthcare Crisis: Strategies to Tackle Intravenous Fluid Shortages

- Improving Central Venous Access Device (CVAD) Insertion at the Bedside

5:00 – 6:15 PM

**SESSION B**

**B.1 Infection 1**

- Rounding to Reduce Hospital Acquired Infections- Role of the Clinical Nurse Specialist
- Addressing CAUTI with Alternatives to Indwelling Catheters
- Catheter-associated urinary tract infection, who is at highest risk in the NeuroICU?

**B.2 New to Lead**

- Navigating a successful Journey: Survival tips for the new CNS
- Qualitative Description of New Graduate Nurses' Experiences in a Nurse Residency Program
- A Tale of Two CNSs: Collaboration in Starting up an ECT Program

**B.3 Clinical Lecture: Preventative Ethics and Palliative Care in the ICU Setting**

**B.4 Brain | Delirium, Dementia, and Injury**

- Inter-rater Reliability of bCAM by an Advanced Practice Nurse and Clinical Nurses
- Predictors of Functional Status Among Older Adults with Dementia
- Building Bridges, Breaking Barriers After Brain Injury: Transitions of Care for APRNS

**B.5 Symposium: Using Quality Data as a Catalyst to Affect Patient Outcomes**

**B.6 Mobility**

- Evolution of a Nurse Driven Early Mobility Program
- Mobility Safe Patient Handling Care Path & Multidisciplinary Champions Lead the Way
- Examination of population-based fall incidence in a rehabilitation setting

**B.7 Cardiac | Heart Failure, Monitoring, and NSTEMI**

- Advanced Practice Nurses Align to Optimize Outcomes for Heart Failure Patients
- Closing the Gap Between Cardiopulmonary Monitoring Standards and Practice
- A Pathway to Success: CNS role in Reducing NSTEMI Re-admissions and LOS

6:15 – 7:00 PM

**Exhibitor Reception & Poster Session** (Oceans 5 – 8)

# Thursday, March 7<sup>th</sup>

**7:30 – 8:30 AM**      **Breakfast with Exhibitors** (Oceans 5-8)

**7:30 – 8:30 AM**      **Student Breakfast with President** *\*Reserved for Students Only.*

**8:30 – 10:15 AM**      **General Opening Session**

President's Address

Awards (*Brenda Lyon, Sue B. Davidson*)

Keynote Address | Being a Catalyst for Change: The Role of Leadership; COL  
Danny McKnight

**10:30 – 11:45 AM**      **SESSION C**

**C.1      Clinical Lecture:** Integrative Medicine and Geriatrics: Do the Pieces Fit?

**C.2      Symposium:** Building Blocks of a Successful Total Joint Arthroplasty Program

**C.3      System Change**

- The CNS Role in Changing PC Practice Model for Quality Diabetes Care
- Care Plan Redesign- for a Patient-Centered Approach
- Role of CNS involvement on the implementation of ENFit conversion

**C.4      Challenges**

- Patient Refusal of Nursing Care: Educating and Escalating to Prevent Harm
- An Ethical Positioning System: A Guide to Ethical Decision-Making
- Igniting Change in Tracheostomy Patient Care: A CNS-led Interdisciplinary Tracheostomy Team

**C.5      Dissemination**

- Ensuring Rigor of EBP Change/QI Projects: To Trust Results and Get Published
- The CNS Catalyst in Outcome Dissemination Through an Electronic Poster Fair
- The Nurse's Growing Role in Media

**C.6      Alarms**

- Minimizing Nuisance Alarms Post-Technology Integration: Data as a Catalyst for CNS-Driven Change
- Decreasing overuse of telemetry during adult hospitalizations

**C.7      Nurse Sphere-Development**

- The Impact of the Clinical Nurse Specialist on the Night Shift

- Addressing the Educational Needs of an Adult Medical-Surgical Float Pool
- Comprehensive Training for Nonmental Healthcare Professionals in Behavioral Emergency Response

**C.8 Workshop:** Evidence Based Practice Made Easy: PICOT Question Development and Critical Appraisal

11:45 – 1:30 PM

**Exhibit Hall Luncheon**

11:45 – 1:30 PM

**New Member Orientation Luncheon** *\*Reserved for New Members Only.*

11:45 – 1:30 PM

**Affiliate Luncheon** *\*Reserved for Affiliate Members Only.*

1:45 – 3:00 PM

**SESSION D**

**D.1 Clinical Lecture:** Battling Breathlessness: How to Manage End-Stage COPD with Palliative Care

**D.2 Education**

- An Individualized Action-Learning Plan, a Catalyst for Successful Nursing Orientation
- Optimizing Retention in Nursing Education: Building content for Clinical Application
- Reflective Practice in Simulations to Teach Motivational Interviewing and Coaching Competencies

**D.3 Rehab**

- The CNS Role in Systemizing and Standardizing Timely/Effective ICU Rehabilitation Efforts
- Changing Pre-Operative Practice – The CNS Role in Prehabilitation
- Improving Outcomes for Acute Spinal Injuries: An Evidence-Based Approach

**D.4 Symposium:** Creating a Catalyst for Change: A Vision Inspired by NACNS Conference

**D.5 Best Practices**

- Establishing Best Practice: Developing Standards of Care Across the Breast Surgery Continuum
- Preventing the Pause: Putting the Continuous Back in Continuous Enteral Nutrition
- Stress Debriefing: Providing Support to Mitigate the Effects of Stress and Burnout

**D.6 Future**

- CNS Fellow and CNS Mentor, Full Circle Succession Plan
- What Will You Do When You Retire? Redefining Retirement!
- Strengthening our Future by Growing our Own

**D.7 Workshop:** Advanced Neuro Assessment for the Practicing CNS \* \$40.00  
*Lab Fee Apply.*

**D.8 Panel:** Tips on Publishing - A Conversation with Editors

**3:00 – 3:30 PM**

**Break – Exhibit Hall and Posters**

**3:30 – 4:45 PM**

**SESSION E**

**E.1 Clinical Lecture:** Epidemiology, Prevention & Treatment of Nonventilator Hospital-Acquired Pneumonia: A CNS-Sensitive Outcome

**E.2 Workshop:** Enteral Feeding Tubes - Placement and Management

(3:30-6:00PM) \*NO CE Available for this workshop.

**E.3 Spreading the Word**

- Hearing their Voices: Advance Care Planning for the Homeless
- A CNS driven community health care delivery model
- Role of the CNS in Promoting Antibiotic Stewardship Practices for Bedside Nurses

**E.4 Medications**

- Improving Medication Reconciliation through an Older Adult Education Initiative
- Be-SAFE: An Educational Intervention for ED Nurses Responding to Opioid Overdoses

**E.5 Students**

- Meeting the Learning Needs of Experienced and Inexperienced CNS Graduate Students
- Clinical Nurse Specialists: Leaders of Transformation from the Classroom to Community
- Securing the CNS Role's future: An Innovative Student Clinical Placement Program

**E.6 Change**

- Implementation of a New Evidence-Based Cardiac Surgery Resuscitation Protocol
- Implementation of a New Graduate Float Pool to Address Staffing Needs
- How CNS Educators Can Apply the Research Priorities for Nursing Education

**E.8 Prediction**

- Utilization of Maternal Early-Warning System as a Catalyst to Identify Clinical Deterioration
- Influencing practice using risk prediction/recognition of care gaps and virtual support

- Singing in the Rain: Effect of Training on Critical Care Nurse Resilience

5:00 – 6:00 PM

**FORUM:** All Aboard: Leadership Development Through Board Service

## Friday, March 8<sup>th</sup>

7:30 – 9:15 AM

**Satellite Symposium** [Hosted by Cardinal Health](#) *\*Requires separate registration.*

8:00 – 9:15 AM

**Continental Breakfast in Exhibit Hall**

9:15 – 10:15 AM

**Opening General Session**

Incoming President's Address

Awards & General Session Speaker (*Educator of the Year, EBP/QI*)

10:15 – 11:00 AM

**Exhibit Hall & Poster Session**

11:00 – 12:15 PM

**SESSION F**

**F.1**

**QI - Injury**

- On the Flip Side: Prone Positioning and Improved Pressure Injury Prevention
- Preventing Tracheostomy-Related Pressure Injuries
- One Conversation at a Time: Preventing Falls in Acute Care

**F.2**

**Infection - Sepsis**

- Post-implementation Process Evaluation of a Maternal Sepsis Screening Tool and Treatment Protocol
- Sepsis Across Stages of the Lifespan
- Stopping Sepsis: Outcome Improvement Through Scores and Bundles

**F.3**

**Education**

- PhD or DNP: Which One to Choose?
- DNP Curricular Synergy: Consensus Model and CNS Practice Model
- Evidenced Based Practice Program Development: CNS Transition to Practice Residency Program

**F.4**

**Symposium:** Changing How Nurses Work: Integration of Clinical Data and Nursing Knowledge

**F.5**

**Leadership and Collaboration**

- CNS led Development of Unit Based Resource Nurse Program
- CNS Collaboration: A Catalyst for Evidence-based, System-wide Practice Change

- Decreasing Pressure Injury in Surgical Intensive Care Unit: A Collaborative Nursing Journey

**F.6 QI – Oncology**

- CNS Role in Ensuring Safety in Innovation: Standards for Viral Oncolytic Therapy
- Care Coordination in Outpatient Oncology Primary Nursing
- “Think Like a Pancreas” A CNS Driven QI project in Oncology Unit

**F.7 Staff Education**

- Continuing Education to Support the Implementation of Enhanced Recovery After Surgery
- ED Education Day: Successful collaboration between ED CNS and Nursing Education
- Building Evidence Based Practice Skills through Interactive Workshops

**12:15 – 1:45 PM**

**CNSI Luncheon** *\*Requires separate cost and registration.*

**2:00 PM**

**Exhibit Hall & Poster Session Closes**

**2:00 – 3:15 PM**

**SESSION G**

**G.1 Skills**

- Keys to Rapid Extubation in Post Operative Cardiac Surgical Patients
- Increasing Ultrasound Guided IV Insertion Competency Using Phantom Model Simulation

**G.2 Process & Policy**

- Vasopressors Outside the ICU: A CNS-led Initiative
- Comfort Care Beds: a CNS-Driven Initiative for End of Life (EOL) Care
- Moments that Matter: Implementing a Post-Code Moment of Silence and Debrief Program

**G.3 Care**

- Systems Addressing Frail Elders (SAFE) Care Collaborative
- Animal Assisted Therapy to Engage the Cognitively Impaired Older Adult
- Clinical Update on the Care of the Intact Patient Across the Lifespan

**G.4 Symposium: 2018 Practice-Changing Research Relevant to CNSs and the Three Spheres of Influence**

**G.5 Workshop (Part A): "Setting up Shop"**

**G.6 Infection – Sepsis**

- Sepsis Specialists: Implementation of A Sepsis Unit to Improve Patient Outcomes

- Strategies for Decreasing Sepsis Mortality While Improving SEP-1 Core Measure Compliance
- Sepsis: A CNS Mentorship to Decrease Mortality

### **G.7 System Change – Program**

- A Tale of Two CNSs: Collaboration in Starting up an ECT Program
- Driving Patient Blood Management throughout a Health Care System
- CNS as Catalysts for Improved Outcomes: Reducing Pressure Injuries in Oncology Patients

**3:15 – 3:45 PM**

### **PM Break**

**3:45 – 5:00 PM**

### **SESSION H**

#### **H.1 Influence**

- The Nurse's Growing Role in Media
- Forming an Affiliate [California (CA) Association of Clinical Nurse Specialists] 30 years
- Breaking the Mold: The Clinical Nurse Specialist (CNS) Role

#### **H.2 Clinical Lecture: Guidelines for Treatment of Hypertension: 2017 Update Focusing on Salt Sensitivity**

#### **H.3 Infection 2**

- Reducing CLABSI Through Interprofessional Line Necessity Rounding...Less Is More.
- Performance of a New CLABSI Reduction Process on a Telemetry Unit
- CNS and Manager Focused Rounding to Decrease HAPI in the CVICU

#### **H.4 Pediatrics**

- Dog-Walking for Physical Activity in Adolescents with Orthopedic Limitations
- Transforming Shared Decision-Making in an Academic Children's Hospital: CNS's Leading Change
- Addressing Modifiable Risk Factors to Improve Asthma Self-Management of Parents and Children

#### **H.5 Workshop (Part B): So, You Want to Develop Your Innovative Idea into a Business Proposal**

#### **H.6 Neuro – Stroke**

- Expediting Emergency Department Stroke Care: A CNS-led Initiative to Reduce Disability
- There's an app for that: Improving Acute Stroke Transfers
- Clinical Nurse Specialist: Impacting Acute Stroke Care from Early Recognition to Legislation



**H.7 Clinical Lecture:** Improving Blood Glucose Control in Hospitalized Adults by Reducing Repeat Hyperglycemic Episodes

**H.8 Symposium:** Establishing Best Practice: Building Dialysis Therapies and the Electronic Health Record

5:15 – 6:15 PM

**Business Meeting**

7:00 – 9:00 PM

**CNSI Fellowship Reception** *\*Requires separate cost and registration.*

## Saturday, March 9<sup>th</sup>

8:00 – 9:00 AM

**Continental Breakfast**

7:45 – 9:00 AM

**Affiliate Breakfast** *\*Reserved for Affiliate Members Only.*

9:15 – 10:30 AM

**SESSION J**

**J.1 Clinical Lecture:** Stop Bugging Me: A Comprehensive Approach for Reducing Multidrug Resistant Organisms

**J.2 Promoting Health**

- Health Promotion Behaviors in the Inpatient Setting: The role of the CNS
- Improving Bariatric Post-Surgical Education
- Mindfulness Based Stress Reduction: Impacting Job Satisfaction, Stress, and Burnout in Nurses

**J.3 Making Improvements**

- Contact Nurse Leadership Training: Improving ED to ICU Transit Time
- An Evidence-Based Review of Techniques to Sustain Adherence to Standards and Policies
- I Thought You Knew! Discovering Gaps by Implementing Reflex Urine Cultures

**J.4 Other**

- CNS coordinated interdisciplinary effort to reduce surgical site infections
- Active Learning + Flipped Classroom = Learner Satisfaction and Improved Critical Thinking

**J.5 Tools for Change**

- Leaders of Tomorrow: Preparing Staff Nurses to Lead Quality Improvement
- Optimizing post-operative assessment through utilization of the Fast Track scoring tool

- Consultation of the CNS for Process Improvement in the Emergency Department

#### **J.6 Teams**

- CNS Role: Development of a Multidisciplinary Care Coordination Program for Liver Cirrhosis
- Save our Skin: A Multidisciplinary Approach to Reduce Pressure Injuries
- Shifting the Focus: Interprofessional Team Accountability Influences Harm Reduction

#### **J.7 Technology**

- Eye on the Prize: A Remote Video Monitoring (RVM) Fall Reduction Initiative
- The Impact of Digital Education Delivery on Postoperative Pain Outcomes
- A TEAM of Virtual Learning: Fostering Outcome Sustainability through Innovative Education

**11:00 – 12:00 PM**

**Closing Session with Keynote Speaker:** Turning the Tide on Incivility: Be a Catalyst for Change; *Joy Longo*

**Awards** (*Affiliate of the Year, Poster*)

**Thank you for your support of NACNS  
at the 2019 Annual Conference.**

***Together, we are a Catalyst for Change!***