2019 Annual Conference Schedule At-a-Glance

Pharmacology Pre-Conference
*Requires separate registration here.

7:30 - 9:00 AM - Pre-Conference 1
Alcohol Withdrawal: Pharmacologic Management

9:15 – 10:45 AM - Pre-Conference 2
Delirium and Pharmacology: What to Know to Improve Care

11:00 – 12:30 PM - Pre-Conference 3
A Model of Expert CNS Practice in Management of Sepsis

Wednesday, March 6th

General Conference (Estimated Conference CE Credits = 16)

1:30 – 2:30 PM Opening General Session
President’s Address
Awards (Researcher Award, Preceptor of the Year, CNS of the Year)

2:45 – 4:45 PM SESSION A

A.1 Workshop: Suturing Skills for the CNS * $50.00 Lab Fee Apply.
A.2 Workshop: CNS Systems Leadership: Root Cause Analysis and Action to Prevent Patient Harm
A.3 Symposium: An integrated program for achieving first-time author status for CNS students
A.4 Validation & Understanding
• Validating the Value of the Clinical Nurse Specialist in Organizational Change
• Assessing Nurse Leaders Knowledge and Use of the Clinical Nurse Specialist Role
• The Clinical Nurse Specialist: Findings Within The National Provider Identifier Registry

A.5 IV Related
• Standardizing PIV Insertion, Maintenance, Infiltration and Extravasation Management Across a Children’s Hospital
• Overcoming a Healthcare Crisis: Strategies to Tackle Intravenous Fluid Shortages
• Improving Central Venous Access Device (CVAD) Insertion at the Bedside

5:00 – 6:15 PM  SESSION B

B.1 Infection 1
• Rounding to Reduce Hospital Acquired Infections - Role of the Clinical Nurse Specialist
• Addressing CAUTI with Alternatives to Indwelling Catheters
• Catheter-associated urinary tract infection, who is at highest risk in the NeuroICU?

B.2 New to Lead
• Navigating a successful Journey: Survival tips for the new CNS
• Qualitative Description of New Graduate Nurses’ Experiences in a Nurse Residency Program
• A Tale of Two CNSs: Collaboration in Starting up an ECT Program

B.3 Clinical Lecture: Preventative Ethics and Palliative Care in the ICU Setting

B.4 Brain | Delirium, Dementia, and Injury
• Inter-rater Reliability of bCAM by an Advanced Practice Nurse and Clinical Nurses
• Predictors of Functional Status Among Older Adults with Dementia
• Building Bridges, Breaking Barriers After Brain Injury: Transitions of Care for APRNS

B.5 Symposium: Using Quality Data as a Catalyst to Affect Patient Outcomes

B.6 Mobility
• Evolution of a Nurse Driven Early Mobility Program
• Mobility Safe Patient Handling Care Path & Multidisciplinary Champions Lead the Way
• Examination of population-based fall incidence in a rehabilitation setting

B.7 Cardiac | Heart Failure, Monitoring, and NSTEMI
• Advanced Practice Nurses Align to Optimize Outcomes for Heart Failure Patients
• Closing the Gap Between Cardiopulmonary Monitoring Standards and Practice
• A Pathway to Success: CNS role in Reducing NSTEMI Re-admissions and LOS

6:15 – 7:00 PM  Exhibitor Reception & Poster Session (Oceans 5 – 8)
Thursday, March 7th

7:30 – 8:30 AM  Breakfast with Exhibitors  (Oceans 5-8)
7:30 – 8:30 AM  Student Breakfast with President  *Reserved for Students Only.
8:30 – 10:15 AM  General Opening Session

President’s Address

Awards  *(Brenda Lyon, Sue B. Davidson)*

Keynote Address  |  Being a Catalyst for Change: The Role of Leadership; COL Danny McKnight

10:30 – 11:45 AM  SESSION C

C.1  Clinical Lecture: Integrative Medicine and Geriatrics: Do the Pieces Fit?

C.2  Symposium: Building Blocks of a Successful Total Joint Arthroplasty Program

C.3  System Change

- The CNS Role in Changing PC Practice Model for Quality Diabetes Care
- Care Plan Redesign - for a Patient-Centered Approach
- Role of CNS involvement on the implementation of ENFit conversion

C.4  Challenges

- Patient Refusal of Nursing Care: Educating and Escalating to Prevent Harm
- An Ethical Positioning System: A Guide to Ethical Decision-Making
- Igniting Change in Tracheostomy Patient Care: A CNS-led Interdisciplinary Tracheostomy Team

C.5  Dissemination

- Ensuring Rigor of EBP Change/QI Projects: To Trust Results and Get Published
- The CNS Catalyst in Outcome Dissemination Through an Electronic Poster Fair
- The Nurse’s Growing Role in Media

C.6  Alarms

- Minimizing Nuisance Alarms Post-Technology Integration: Data as a Catalyst for CNS-Driven Change
- Decreasing overuse of telemetry during adult hospitalizations

C.7  Nurse Sphere-Development

- The Impact of the Clinical Nurse Specialist on the Night Shift
• Addressing the Educational Needs of an Adult Medical-Surgical Float Pool
• Comprehensive Training for Nonmental Healthcare Professionals in Behavioral Emergency Response

C.8 Workshop: Evidence Based Practice Made Easy: PICOT Question Development and Critical Appraisal

11:45 – 1:30 PM Exhibit Hall Luncheon
11:45 – 1:30 PM New Member Orientation Luncheon *Reserved for New Members Only.
11:45 – 1:30 PM Affiliate Luncheon *Reserved for Affiliate Members Only.
1:45 – 3:00 PM SESSION D

D.1 Clinical Lecture: Battling Breathlessness: How to Manage End-Stage COPD with Palliative Care

D.2 Education
• An Individualized Action-Learning Plan, a Catalyst for Successful Nursing Orientation
• Optimizing Retention in Nursing Education: Building content for Clinical Application
• Reflective Practice in Simulations to Teach Motivational Interviewing and Coaching Competencies

D.3 Rehab
• The CNS Role in Systemizing and Standardizing Timely/Effective ICU Rehabilitation Efforts
• Changing Pre-Operative Practice – The CNS Role in Prehabilitation
• Improving Outcomes for Acute Spinal Injuries: An Evidence-Based Approach

D.4 Symposium: Creating a Catalyst for Change: A Vision Inspired by NACNS Conference

D.5 Best Practices
• Establishing Best Practice: Developing Standards of Care Across the Breast Surgery Continuum
• Preventing the Pause: Putting the Continuous Back in Continuous Enteral Nutrition
• Stress Debriefing: Providing Support to Mitigate the Effects of Stress and Burnout

D.6 Future
• CNS Fellow and CNS Mentor, Full Circle Succession Plan
• What Will You Do When You Retire? Redefining Retirement!
• Strengthening our Future by Growing our Own
D.7 Workshop: Advanced Neuro Assessment for the Practicing CNS * $40.00 Lab Fee Apply.

D.8 Panel: Tips on Publishing - A Conversation with Editors

3:00 – 3:30 PM Break – Exhibit Hall and Posters

3:30 – 4:45 PM SESSION E

E.1 Clinical Lecture: Epidemiology, Prevention & Treatment of Nonventilator Hospital-Acquired Pneumonia: A CNS-Sensitive Outcome

E.2 Workshop: Enteral Feeding Tubes - Placement and Management
    (3:30-6:00PM) *NO CE Available for this workshop.

E.3 Spreading the Word
    • Hearing their Voices: Advance Care Planning for the Homeless
    • A CNS driven community health care delivery model
    • Role of the CNS in Promoting Antibiotic Stewardship Practices for Bedside Nurses

E.4 Medications
    • Improving Medication Reconciliation through an Older Adult Education Initiative
    • Be-SAFE: An Educational Intervention for ED Nurses Responding to Opioid Overdoses

E.5 Students
    • Meeting the Learning Needs of Experienced and Inexperienced CNS Graduate Students
    • Clinical Nurse Specialists: Leaders of Transformation from the Classroom to Community
    • Securing the CNS Role’s future: An Innovative Student Clinical Placement Program

E.6 Change
    • Implementation of a New Evidence-Based Cardiac Surgery Resuscitation Protocol
    • Implementation of a New Graduate Float Pool to Address Staffing Needs
    • How CNS Educators Can Apply the Research Priorities for Nursing Education

E.8 Prediction
    • Utilization of Maternal Early-Warning System as a Catalyst to Identify Clinical Deterioration
    • Influencing practice using risk prediction/recognition of care gaps and virtual support
• Singing in the Rain: Effect of Training on Critical Care Nurse Resilience

5:00 – 6:00 PM FORUM: All Aboard: Leadership Development Through Board Service

Friday, March 8th

7:30 – 9:15 AM Satellite Symposium Hosted by Cardinal Health *Requires separate registration.

8:00 – 9:15 AM Continental Breakfast in Exhibit Hall

9:15 – 10:15 AM Opening General Session

Incoming President’s Address

Awards & General Session Speaker (Educator of the Year, EBP/QI)

10:15 – 11:00 AM Exhibit Hall & Poster Session

11:00 – 12:15 PM SESSION F

F.1 QI - Injury
• On the Flip Side: Prone Positioning and Improved Pressure Injury Prevention
• Preventing Tracheostomy-Related Pressure Injuries
• One Conversation at a Time: Preventing Falls in Acute Care

F.2 Infection - Sepsis
• Post-implementation Process Evaluation of a Maternal Sepsis Screening Tool and Treatment Protocol
• Sepsis Across Stages of the Lifespan
• Stopping Sepsis: Outcome Improvement Through Scores and Bundles

F.3 Education
• PhD or DNP: Which One to Choose?
• DNP Curricular Synergy: Consensus Model and CNS Practice Model
• Evidenced Based Practice Program Development: CNS Transition to Practice Residency Program

F.4 Symposium: Changing How Nurses Work: Integration of Clinical Data and Nursing Knowledge

F.5 Leadership and Collaboration
• CNS led Development of Unit Based Resource Nurse Program
• CNS Collaboration: A Catalyst for Evidence-based, System-wide Practice Change
Decreasing Pressure Injury in Surgical Intensive Care Unit: A Collaborative Nursing Journey

F.6 QI – Oncology
- CNS Role in Ensuring Safety in Innovation: Standards for Viral Oncolytic Therapy
- Care Coordination in Outpatient Oncology Primary Nursing
- “Think Like a Pancreas” A CNS Driven QI project in Oncology Unit

F.7 Staff Education
- Continuing Education to Support the Implementation of Enhanced Recovery After Surgery
- ED Education Day: Successful collaboration between ED CNS and Nursing Education
- Building Evidence Based Practice Skills through Interactive Workshops

12:15 – 1:45 PM CNSI Luncheon *Requires separate cost and registration.

2:00 PM Exhibit Hall & Poster Session Closes

2:00 – 3:15 PM SESSION G

G.1 Skills
- Keys to Rapid Extubation in Post Operative Cardiac Surgical Patients
- Increasing Ultrasound Guided IV Insertion Competency Using Phantom Model Simulation

G.2 Process & Policy
- Vasopressors Outside the ICU: A CNS-led Initiative
- Comfort Care Beds: a CNS-Driven Initiative for End of Life (EOL) Care
- Moments that Matter: Implementing a Post-Code Moment of Silence and Debrief Program

G.3 Care
- Systems Addressing Frail Elders (SAFE) Care Collaborative
- Animal Assisted Therapy to Engage the Cognitively Impaired Older Adult
- Clinical Update on the Care of the Intact Patient Across the Lifespan

G.4 Symposium: 2018 Practice-Changing Research Relevant to CNSs and the Three Spheres of Influence

G.5 Workshop (Part A): "Setting up Shop"

G.6 Infection – Sepsis
- Sepsis Specialists: Implementation of A Sepsis Unit to Improve Patient Outcomes
• Strategies for Decreasing Sepsis Mortality While Improving SEP-1 Core Measure Compliance
• Sepsis: A CNS Mentorship to Decrease Mortality

G.7 System Change – Program
• A Tale of Two CNSs: Collaboration in Starting up an ECT Program
• Driving Patient Blood Management throughout a Health Care System
• CNS as Catalysts for Improved Outcomes: Reducing Pressure Injuries in Oncology Patients

3:15 – 3:45 PM  PM Break
3:45 – 5:00 PM  SESSION H

H.1 Influence
• The Nurse’s Growing Role in Media
• Forming an Affiliate [California (CA) Association of Clinical Nurse Specialists] 30 years
• Breaking the Mold: The Clinical Nurse Specialist (CNS) Role

H.2 Clinical Lecture: Guidelines for Treatment of Hypertension: 2017 Update Focusing on Salt Sensitivity

H.3 Infection 2
• Reducing CLABSI Through Interprofessional Line Necessity Rounding...Less Is More.
• Performance of a New CLABSI Reduction Process on a Telemetry Unit
• CNS and Manager Focused Rounding to Decrease HAPI in the CVICU

H.4 Pediatrics
• Dog-Walking for Physical Activity in Adolescents with Orthopedic Limitations
• Transforming Shared Decision-Making in an Academic Children’s Hospital: CNS’s Leading Change
• Addressing Modifiable Risk Factors to Improve Asthma Self-Management of Parents and Children

H.5 Workshop (Part B): So, You Want to Develop Your Innovative Idea into a Business Proposal

H.6 Neuro – Stroke
• Expediting Emergency Department Stroke Care: A CNS-led Initiative to Reduce Disability
• There’s an app for that: Improving Acute Stroke Transfers
• Clinical Nurse Specialist: Impacting Acute Stroke Care from Early Recognition to Legislation
**Clinical Lecture:** Improving Blood Glucose Control in Hospitalized Adults by Reducing Repeat Hyperglycemic Episodes

**Symposium:** Establishing Best Practice: Building Dialysis Therapies and the Electronic Health Record

5:15 – 6:15 PM  **Business Meeting**

7:00 – 9:00 PM  **CNSI Fellowship Reception**  *Requires separate cost and registration.*

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**Saturday, March 9th**

8:00 – 9:00 AM  **Continental Breakfast**

7:45 – 9:00 AM  **Affiliate Breakfast**  *Reserved for Affiliate Members Only.*

9:15 – 10:30 AM  **SESSION J**

**J.1 Clinical Lecture:** Stop Bugging Me: A Comprehensive Approach for Reducing Multidrug Resistant Organisms

**J.2 Promoting Health**
- Health Promotion Behaviors in the Inpatient Setting: The role of the CNS
- Improving Bariatric Post-Surgical Education
- Mindfulness Based Stress Reduction: Impacting Job Satisfaction, Stress, and Burnout in Nurses

**J.3 Making Improvements**
- Contact Nurse Leadership Training: Improving ED to ICU Transit Time
- An Evidence-Based Review of Techniques to Sustain Adherence to Standards and Policies
- I Thought You Knew! Discovering Gaps by Implementing Reflex Urine Cultures

**J.4 Other**
- CNS coordinated interdisciplinary effort to reduce surgical site infections
- Active Learning + Flipped Classroom = Learner Satisfaction and Improved Critical Thinking

**J.5 Tools for Change**
- Leaders of Tomorrow: Preparing Staff Nurses to Lead Quality Improvement
- Optimizing post-operative assessment through utilization of the Fast Track scoring tool
• Consultation of the CNS for Process Improvement in the Emergency Department

J.6 Teams
• CNS Role: Development of a Multidisciplinary Care Coordination Program for Liver Cirrhosis
• Save our Skin: A Multidisciplinary Approach to Reduce Pressure Injuries
• Shifting the Focus: Interprofessional Team Accountability Influences Harm Reduction

J.7 Technology
• Eye on the Prize: A Remote Video Monitoring (RVM) Fall Reduction Initiative
• The Impact of Digital Education Delivery on Postoperative Pain Outcomes
• A TEAM of Virtual Learning: Fostering Outcome Sustainability through Innovative Education

11:00 – 12:00 PM

Closing Session with Keynote Speaker: Turning the Tide on Incivility: Be a Catalyst for Change; Joy Longo

Awards (Affiliate of the Year, Poster)

Thank you for your support of NACNS at the 2019 Annual Conference.

Together, we are a Catalyst for Change!